Individual Learning Plan (ILP) Playbook

The Kentucky Department of Education (KDE) has released the Individual Learning Plan (ILP) Playbooks, which offer recommendations for chronological themes and lessons for career exploration and social and emotional development to teach at each grade level in grades <u>5-8</u> and <u>9-12</u>. Kentucky is among the first states in the United States to couple career exploration and social and emotional learning (SEL). The ILP Playbook is designed to be a useful tool to assist educators in creating meaningful ILPs and learning experiences for students.

Career exploration is a KDE priority for Kentucky's students. The aim is to foster career exploration in all of the <u>16 career cluster areas</u> to provide students with the opportunity to delve into and learn more about future career options. The career clusters are tied to career and technical education pathways in Kentucky.

An additional tool used to launch career exploration that embraces SEL in its practice is the use of project-based learning. This will be an opportunity to provide experiential learning that invites students to consider problems they want to solve in the world, rather than just "what they want to be when they grow up."

Free Personalized School Climate Report from the Yale Center for Emotional Intelligence

The <u>Yale Center for Emotional Intelligence</u> is developing the School Climate Walkthrough tool. The Yale Center is looking for schools who are interested in piloting the survey. In return, they will analyze your results and send you a detailed and personalized report. This evaluation can be used support students in better understanding their school climate. If this interests you, please fill out this form to get in touch with the center and they will follow up with next steps.

Early Warning Use Update - Your Perspective is Needed

While some staff members in every district have rights to the <u>Early Warning tool</u>, there are 32 KY districts that have never accessed the Early Warning tool. The majority of districts (82%) have accessed the Early Warning tool at least one time in the past 365 days. There are 16,551 personnel in KY with Early Warning Tool rights, and 680 have accessed the tool an average of two times.

KDE deeply values and needs your input on the Early Warning Tool. Please take this <u>brief survey</u>, which should take between 5-7 minutes to complete. For questions email <u>Judi.Vanderhaar@education.ky.gov</u>.

Relevant Research, Practice Tips, and Briefs

Screenagers: There is a documentary being played in schools around the country about youth and social media, video game, school and family life called <u>Screenagers</u>. They also provide a <u>bank of resources</u> on the various topics such as screen addiction, social media and mental wellness.

Principals' Social and Emotional Competence is Key: A new <u>issue brief</u> from Pennsylvania State University highlights a key factor for Creating Caring Schools.

Instruments for Measuring SEL Skills among Secondary Students: This <u>report</u> is designed to support state and local education agencies in identifying reliable and valid instruments for measuring three social and emotional learning skills: collaboration, perseverance, and self-regulated learning.

Suicide Rate of our Youngest Triples: In this recent National Center for Health Statistics brief, several critical statistics are presented about death rates related to homicide and suicide for youth. Overall, suicide rates have surpassed homicide rates after 2010 and for 10-14 year old children, the suicide rate has nearly tripled from 2007-2017 while the homicide rate declined by 18%.

Attendance Holiday Messaging Toolkit: The Attendance Works Holiday Messaging toolkit addresses absences that typically spike around school vacation days. Stay the Course: A Winter Messaging Toolkit can help families and community members develop strategies and plans to overcome weather-related barriers that stand in the way of getting children to school. Also available is the Attendance Playbook developed with FutureEd to support solutions to barriers.

Who Cares: A National Count of Foster Homes and Families: The nation's first <u>public</u> resource on foster care capacity is now available to answer several important questions about the number of children in foster care and where they are living, including <u>charts and information</u> specific to Kentucky.

November Happiness Calendar: The <u>Greater Good Magazine</u> provides science-based insights for a meaningful life. Here is their November calendar.

Mental Health on the Job: Pacific Southwest MHTTC's <u>3-minute video tip series</u> offers practical tips and key considerations to support employees with mental health conditions and their employers with job searching, recruiting and hiring, and workplace accommodations.

Raising Caring, Courageous Kids: The Greater Good Science Center created a <u>new video</u> <u>series</u>, filled with research-based insights to guide kids towards making choices that will serve the greater goods. The series was designed for mobile devices and social media and focuses on nine character strengths.

Free Apps for Wellbeing: The <u>Headspace App</u> and the <u>Calm App are offering free educator subscriptions</u>! If you're looking for something slightly different, the <u>Insight Timer App</u> is also always free for everyone. All three of these have hundreds of free guided meditations, ambient

sounds, and tools to help you build mindfulness practice into your daily life. Check them out and share them with your fellow educators!

Upcoming Professional Learning Opportunities

Webinars

Measuring Students' SEL: On November 20 from 2:00-3:00 (ET) a webinar to present the findings from the new report <u>A Review of Instruments for Measuring Social and Emotional Learning Skills among Secondary School Students</u> will be held. There will also be a discussion about implications for the field. <u>Registration</u> is open.

KDE's Virtual Workshop: The Kentucky Department of Education (KDE) will host an upcoming workshop, "Using the Social Studies Alignment Tool," on Nov. 21at 4 p.m. and 5 p.m. ET. Participants will practice using the alignment tools for the *Kentucky Academic Standards for Social Studies* with guidance from KDE content consultants. Use these links to access either the 4 p.m. session or the 5 p.m. session.

Applying the Latest Research to Prevent Bullying: Bullying prevention is an important aspect of school safety. During this webinar, co-sponsored by National Institute of Justice and the Federal Partners in Bullying Prevention, bullying prevention researchers will share information schools can use to address bullying. This information will include helping teachers respond to bullying in the classroom and giving students who see bullying tools to take action to address it. The webinar will be moderated by an education professional and participants will have an opportunity to interact with presenters. The webinar will be held on December 3, 2019, from 2:00 - 4:00 PM EST.

Solutions to the Dropout Crisis Webcasts: *Solutions to the Dropout Crisis* webcasts are always offered free of cost, and no registration is required. Tune in the second Tuesday of each month at 3:30 PM ET for new *Solutions to the Dropout Crisis*, where you can also find recordings of previous webcasts.

Conferences and Activities

Kentucky Counseling Association: The Kentucky Counseling Association Conference will be held on November 13-15 at the Crowne Plaza Hotel in Louisville, KY. The conference theme is Celebrating Human Resiliency. In addition to breakout sessions, there will be 3 hour and 6 hour workshops offered. For information and registration please visit the KCA conference page.

Kentucky Association for Psychology in the Schools (KAPS): The <u>KAPS Fall conference</u> will be held November 13-15 and registration is now open. You can view the session descriptions <u>here</u>.

The Kentucky Exceptional Children's Institute: The Kentucky Council for Exceptional Children (KCEC) and the Kentucky Department of Education will host the Kentucky Exceptional Children's Institute Nov. 24-26 at the Galt House Hotel in Louisville. The

conference will feature <u>special workshops</u> on Nov. 24 and 26 that require advance registration. Visit <u>KCEC's website</u> for more information or to register.

KDE Evaluation Training for Administrators: The Kentucky Department of Education (KDE) is the official provider for the 2019-2020 Initial Certified Evaluation Training for administrators newly assigned to the role of evaluator of certified personnel. The two-day training, including the assessment, is required per KRS 156.557 and 704 KAR 3:370. All new evaluators of certified personnel are required to attend. Visit the Principal Partnership Project website for information about dates and locations, and to register.

Thank you for all you do!

If you would like to contribute any information (resources, celebrations, etc.) to this enews, please email judi.vanderhaar@education.ky.gov. Also, please share this link with your colleagues who might be interested in subscribing to the Persistence to Graduation listserv (right click to subscribe)